

※ 考生請注意：本試題不可使用計算機。請於答案卷(卡)作答，於本試題紙上作答者，不予計分。

I. Cloze Test: 50%; 2% for each question 【注意：本大題須於答案卡作答】

A.

In 2009, the American College Health Association-National College Health Assessment (ACHA-NCHA) found that nearly 30 percent of college students reported feeling “so depressed that it was difficult to function” at some time in the past year.

Depression can affect your academic performance in college. Studies also suggest that college students who have depression are more ___ 1. ___ to smoke. Research suggests that students with depression do not necessarily drink alcohol more heavily than other college students. But students with depression are more likely to drink to get drunk and experience problems related to alcohol ___ 2. ___, such as engaging in unsafe sex. It is not uncommon for students who have depression to self-medicate with over-the-counter drugs. Depression is also a major risk factor for ___ 3. ___.

If you have depression, you may feel exhausted, helpless, and ___ 4. ___. But it is important to realize that these feelings are part of the illness. Treatment can help you feel better. To help yourself feel better, try to see a ___ 5. ___ as soon as possible. Research shows that getting treatment sooner rather than later can relieve symptoms quicker and reduce the length of time treatment is needed. Break up large tasks into small ones, and do what you can as you can. Spend time with other people and talk to a friend or relative about your feelings. Discuss decisions with others ___ 6. ___ you trust and who know you well.

If you suspect a friend may have depression, you can help him or her get diagnosed and treated. You may need to help your friend find a doctor, mental health care provider, or mental health services on your college ___ 7. ___. You can also offer support, understanding, patience and ___ 8. ___. Invite your friend out for walks, outings, and other activities. If they refuse keep trying, don't push. Ensure that your friend gets to doctor's appointments and encourage him or her to report any ___ 9. ___ about medications to their health care professional. Remind your friend that with time and professional treatment, the depression will lift.

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|----------------------|-------------------|--------------------|-------------------|
| 1. (A) likely | (B) lazily | (C) inadvertently | (D) invariably |
| 2. (A) insufficiency | (B) abuse | (C) malnutrition | (D) treatment |
| 3. (A) success | (B) suicide | (C) fitness | (D) fraternity |
| 4. (A) competent | (B) confident | (C) focused | (D) hopeless |
| 5. (A) dentist | (B) oncologist | (C) dermatologist | (D) professional |
| 6. (A) whom | (B) whose | (C) these | (D) those |
| 7. (A) discipline | (B) campus | (C) administration | (D) history |
| 8. (A) apathy | (B) encouragement | (C) scorn | (D) disparagement |
| 9. (A) satisfaction | (B) fulfillment | (C) concerns | (D) courage |

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B.

If 2016 was a rough year for the animal kingdom, 2017 could be worse. Most scientists agree that we are experiencing a sixth mass extinction, but unlike the previous five that extended over hundreds of millions of years and occurred because of cataclysmic natural disasters, humans are ___ 10. ___ for this one.

Climate change, agricultural expansion, wildlife crime, pollution, and disease have created a shocking ___ 11. ___ in the disappearance of species. The World Wildlife Fund recently predicted that more than two-thirds of the vertebrate population—mammals, birds, fish, amphibians, and reptiles—would be lost over the next three years if extinctions continue at the current rate. A 2015 study that appeared in *Science Advances* suggests that the rate of vertebrate extinction has increased nearly 100 ___ 12. ___. Paul Ehrlich, a professor of population studies at Stanford University, ___ 13. ___ half the life forms that people know about are already extinct. Another study, published in *Current Biology*, observes that some species are likely becoming extinct before scientists have a chance to discover and ___ 14. ___ them. Researchers looking at Brazil's bird populations found some already so threatened when they were discovered, they went extinct almost immediately. "That we have these examples," the authors write, "may be by good luck: we will surely have ___ 15. ___ many others."

There has been a lot of alarming ___ 16. ___ about the ocean recently. A UN report found that ocean acidification is up around 26 percent, and more than half of the sharks and rays in the Mediterranean are at ___ 17. ___ of extinction. In 2016, the Irrawaddy dolphin in Laos was declared "functionally extinct." The announcement came after a World Wildlife Fund survey of Cambodia and Laos determined there were not enough mating pairs for the species to ___ 18. ___. Resembling Flipper, this sea faring mammal's extinction is blamed on gill nets, a type of netting used by commercial fishermen that trap fish by their gills. Dolphins are caught in the nets and ___ 19. ___.

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| 10. (A) responsible | (B) exempt | (C) sentenced | (D) scared |
| 11. (A) assessment | (B) acceleration | (C) lack | (D) shortage |
| 12. (A) seconds | (B) times | (C) sizes | (D) lengths |
| 13. (A) notes | (B) noting | (C) noted | (D) note |
| 14. (A) destroy | (B) employ | (C) mystify | (D) classify |
| 15. (A) missed | (B) interpreted | (C) read | (D) killed |
| 16. (A) story | (B) history | (C) news | (D) prophecy |
| 17. (A) risk | (B) gift | (C) height | (D) altitude |
| 18. (A) survival | (B) survive | (C) diving | (D) dive |
| 19. (A) drown | (B) drawn | (C) dawn | (D) drowsy |

C.

Populism refers to political programs or movements that champion the common person, usually by contrast with an elite. Populism is typically critical of political representation and anything that mediates the

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relation between the people and their leader or government. In its most democratic form, populism seeks to defend the interest and maximize the power of ordinary citizens, through ___20. ___ rather than revolution. In the United States, the term was applied to the program of the Populist Movement, which gave rise to the Populist, or People's, Party in 1892. Many of the party's demands were later adopted as laws or constitutional ___21. ___.

In its contemporary understanding, however, populism is most often associated with an authoritarian form of politics. Populist politics revolves around a charismatic leader who appeals to and claims to embody the will of the people in order to consolidate his own ___22. ___. In this personalized form of politics, political parties lose their importance, and elections serve to confirm the leader's ___23. ___ rather than to reflect the different allegiances of the people. The term "populist" is often used pejoratively to criticize a politician for pandering to a people's fear and ___24. ___. Depending on one's view of populism, a populist economic program can therefore signify either a platform that promotes the interest of common citizens and the country as a whole, or a platform that seeks to redistribute wealth to gain popularity, without regard to the ___25. ___ for the country, such as inflation or debt.

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| 20. (A) medicine | (B) reform | (C) education | (D) economy |
| 21. (A) eliminations | (B) amendments | (C) particularity | (D) uniqueness |
| 22. (A) power | (B) weakness | (C) consensus | (D) enmity |
| 23. (A) authoritarian | (B) authorship | (C) authenticity | (D) authority |
| 24. (A) endanger | (B) enchanted | (C) ensnare | (D) enthusiasm |
| 25. (A) clues | (B) consequences | (C) causes | (D) concessions |

II. Reading Comprehension: 30%; 3% for each question 【注意：本大題須於答案卡作答】

A.

Everyone is a little bit narcissistic. Narcissism is part of being human, and it's a standard developmental stage for adolescents and young adults. When narcissism begins to interfere with how a person functions at home and work, though, it becomes problematic and can even veer into the realm of a personality disorder. Narcissists genuinely believe they are unique and entitled to special treatment, and they have a chronic need for admiration and validation—at any cost.

When narcissists become parents, they tend to act in one of two ways. W. Keith Campbell, a professor of psychology at University of Georgia and an expert on narcissism, says some lose interest in their children entirely and look for other sources of validation. Others view their children as a reflection of themselves and become hyper-involved and controlling. In both cases, disconnection is the key; even the overly involved narcissistic parent is emotionally detached and lacks warmth.

"One thing you would see with narcissistic parents is using their kids as a route to self-advancement," Campbell says. "As a narcissistic parent, you look good and feel good because of the success of your kid. The

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same way that a narcissist can have a trophy spouse, you can have a trophy kid.”

Narcissistic parents have high expectations of their children — and plenty of them. They push their kids to excel in sports, do well in school, attend elite universities, and work in high-status careers. Narcissistic parents believe their children are special and deserving of special opportunities and privileges, and they refuse to tolerate anything less than perfection. They view their children as a part of themselves—“like their arm or their leg”—and when their children aren’t achieving, they withdraw their affection and become disconnected.

Children aren’t equipped to handle that disconnection from their primary caregivers. They need parents who are consistent, available and unconditionally approving to form secure attachments. As adults, we rely on these secure attachments formed in childhood to dictate how we relate to others, view ourselves, and even cope with stress. When the formation of that secure attachment is disrupted, the impacts can last a lifetime.

Narcissistic parents beget kids with a whole host of psychological problems. The problems include higher than average rates of depression and anxiety, lack of self-regulation, eating disorders, low self-esteem, an impaired sense of self, substance abuse, and perfectionism.

Unfortunately, such problems concern all of us because we don’t exist in a vacuum. The narcissism of other parents creeps into how the rest of us raise our children. Narcissists’ relentless focus on their children’s accomplishments creates competition among children and between parents. The typical “mommy wars” have their root in narcissistic parenting, Campbell says.

26. Choose the most likely title for the essay above:

- (A) Narcissism in Modern Western Thought (B) What Happens When Narcissists Become Parents
(C) Health Risks of Narcissism (D) From a Narcissist to a Good Business Leader

27. What is narcissism?

- (A) Narcissism is an exclusively children’s behavioral pattern.
(B) Narcissists are good at handling failures.
(C) Narcissists usually make caring parents.
(D) Narcissists believe they are inherently special and superior in all aspects of life.

28. What does W. Keith Campbell mean by “trophy child” in the third paragraph?

- (A) A child that serves as a dazzling ornament (B) A child with extraordinary hunting skills
(C) An adopted child (D) A mediocre child

29. Narcissistic parents _____.

- (A) look down on their children (B) treat their children as their properties
(C) are affectively attached to their children (D) teach their children how to appreciate others

30. Children raised by narcissistic parents tend to _____.

- (A) have low confidence (B) transform competition to collaboration
(C) make good friends in their community (D) never care how others look at them

B.

There's a lot of talk these days about the health benefits of juicing and blending. But what's the difference? And what kind of equipment do you need for each one?

Juicing is a process where the liquid part of the fruit or vegetable is separated from the pulp, or fiber. You get a thin and concentrated liquid product that contains vitamins, minerals, and other phytonutrients, which are bioactive plant-derived compounds associated with positive health effects. You specifically need a juicer to do this.

With blending, the whole fruit or vegetable is used: what you put in the blender is what you consume. The volume of the drink, which is often called a smoothie, will be much greater than that of a juice made from the same amount of fruits or vegetables. You can use anything from a standard blender to higher-end products like a Vitamix.

There are pros and cons to both juicing and blending. Juicing provides a very nutrient-dense beverage in a smaller amount of liquid. For those who need a low-fiber diet, juicing may be a better option. It's important to note that the portion size of juice should be smaller than a blended beverage. Otherwise, you can get many calories from sugar in that cup of juice. Juicing can also be more expensive, as you have to use a greater volume of produce.

With smoothies you retain the fiber, which can help you feel fuller and improve your digestive health. In addition, you can add other types of foods to smoothies like nuts, seeds, and yogurts to increase your intake of healthy protein and fats. This drink will be thicker and may take some time to get used to.

Either process can help you to increase your fruit and vegetable intake and create less waste in the kitchen.

31. By processing the same amount of fruits in a blender and a juicer, we get two different drinks. The volume of the smoothie will be greater than that of the juice. Why?
- (A) Every bit of the fruits is used in blending. (B) Juicers are less efficient than blenders.
(C) Blenders automatically adds liquid to the fruits. (D) The juice outweighs the smoothie.
32. In the second paragraph, the "pulp" means _____ of fruits.
- (A) the skin (B) the seeds (C) the soft mass (D) the liquid
33. Fruit juice is not necessarily healthy because it contains high levels of _____.
- (A) sugar (B) iron (C) Vitamin E (D) lithium
34. Compared with juice, smoothie is a _____ beverage.
- (A) high-protein (B) high-fiber (C) pricier (D) sweeter
35. Both juicing and blending can help us _____ of fruits and vegetables.
- (A) gain better knowledge (B) increase our intake
(C) make better sales (D) stretch the shelf time

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III. Composition: 20% 【注意：本大題於答案卷作答】

“Connection is a basic human need, but being constantly connected to our technology can make us feel more imprisoned than nourished.” How does your smartphone affect your social life and productivity? In what ways does it provide you pleasures and emotional outlets? In what ways does it keep you in your own shell? Write a short essay of 100-120 words to reflect on how your smartphone (or tablet, laptop, other personal electronic device you use most frequently) shapes your life now.