

系所組別： 護理學系乙組

考試科目： 精神衛生護理學

考試日期： 0220，節次： 2

※ 考生請注意：本試題 可 不可 使用計算機

一、請您論述精神分裂症的相關問題 (25%)

1. 描述精神分裂症的病因與典型症狀特徵。(10%)
2. 說明精神分裂症病患與家屬在疾病調適歷程中的議題 (5%)，並舉出具有實證價值的照護策略。(10%)

二、闡述精神病患在住院治療中常見的倫理議題，您在處理過程中的倫理思辨為何？(15%)

三、請您敘述在臨床照護中，具有治療性價值的溝通技巧，以及觀察到病患有哪些臨床改變？(10%)

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1. 請把下文重點以中文說明 (限 200 字，10%)。
2. 請根據下文評論您對台灣目前兒童精神衛生的照護(15%)。

Focusing on children's mental health (from the Lancet, vol 375, 2010)

Mental disorders often receive less attention than do other illnesses, and diagnosis of mental ill health in children can be especially challenging. In the USA, 21% of children are thought to meet criteria for diagnosis of a mental illness, with a further 16% showing some impairment; yet only about 20% of children who could benefit from mental health or drug use services receive them. Recognising the seriousness of this situation, the American Academy of Pediatrics Task Force on Mental Health, led by paediatrician Jane Meschan Foy, has published a series of recommendations aimed at improving community mental health services.

In view of the obstacles to providing effective primary mental health care for children, a substantial part of the Task Force's report is devoted to preparative and organisational work at community and practice level. Educational programmes in child psychiatry are being designed for primary care clinicians. Emphasis is to be placed on building relationships with schools, mental health services, and social care providers, to enable consistent and appropriate care to be provided to families throughout childhood, from the early age when a pervasive developmental disorder might become manifest to adolescence when drug use services could be needed. The series includes algorithms for primary care focused on paediatric mental health, including routine screening for mental health problems.

Although the risk of leaving mentally well children with an inappropriate burden of medicalisation and stigma must be kept to a minimum, the American Academy of Pediatrics' initiative is welcome and timely—evidence suggests that early intervention for children with behavioural problems is effective. The UK's Healthy Child Programme emphasises parental disadvantages, including low income and mental health problems, which place children at risk. In the USA, the system of reimbursement for health-care provision can make it difficult for primary care physicians to provide effective paediatric mental health care. As reform brings uninsured Americans into the domain of health insurance, evaluation of mental health treatment and outcomes in children will be key to the success of the Academy's initiative.

(背面仍有題目,請繼續作答)

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1. 請根據此圖評論台灣當前護理教育系統與健康照護醫療系統的關係(15%)
2. 併說明您來報考碩士班意圖(10%)

