

1. 美國洛杉磯自殺防治中心曾提出多項有關自殺的迷思，顯示一般社會大眾對自殺現象存有一些錯誤的觀念，請您回答下列問題：
 - (1) 列舉並評論這些迷思觀點 (10%)。
 - (2) 針對社區中有自殺企圖的高危險群，請提出您認為可以有效協助個案及其家庭的介入策略 (8%)。
 - (3) 從社區自殺議題的介入策略中，請列舉三項您認為具有研究意涵的主題或方向，並說明理由 (7%)

2. 團體治療有相當多種不同的理論，包括人際關係論、團體動力和團體過程論、存在主義與完形主義論等等，請您回答下列問題：
 - (1) 請您說明上述三項團體治療理論的主要論點 (6%)
 - (2) 請再深入剖析 5 項團體動力的次概念 (10%)
 - (3) 領導者可發揮哪些角色功能行為以促進團體動力的發展、或是團體的發展過程？ (9%)

3. 請針對本短文回答下列問題：

Poverty and mental health

The most observable effects of deprivation may be with children under 11 years old, but it is important to consider that the child who experiences poverty may also experience other life adversities. Led by the economist Martin Knapp, a team at the "health observatory" is currently studying mental health policy and practice across Europe. This study includes the influence of factors such as housing, poverty, employment, and social justice. Poverty at a national level can affect individuals, and the UK social exclusion unit has been interested recently in community effects on mental health, such as in relation to neighborhood renewal fund initiatives.

Inequalities, even in a relatively affluent population such as Whitehall civil servants, may lead to the development of depressive illness. However, the extreme, individual poverty of a homeless refugee, former prisoner, or seafarer with no benefits and no friends is clearly a risk factor for substance misuse and suicide, as the recent suicide audit in Camden illustrates and the Salvation Army has known for a century. Loss, as in the recent tsunami tragedy, includes destitution and destruction of social networks at both the level of individual mental functioning and at the level of a community's capacity to respond. On a much smaller scale, this was described acutely for several communities affected by the abrupt collapse of traditional steel or coal industries; whereas one household might have weathered a sudden financial loss, a whole town could not.

- (1) 請以一百字內對上文作重點翻譯 (10%)。
- (2) 請舉一個台灣現況實例，針對本文主題貧窮與心理健康闡述個人看法(15%)。
- (3) 請分析國家衛生政策如何影響貧窮與心理健康(10%)。
- (4) 請剖析精神衛生護理人員針對此議題可以介入的方向或作法(15%)。